

Race Report: Wednesday 19th January 2011

Duke Avenue Single: 500 Swim / 5.6k Run

This week saw another awesome turn out from all the Concord Cannibals ready to line up and race for glory. Even though the weather wasn't quite as nice as last week, it certainly dragged some lost faces out of the woodwork for the Duke Avenue race. The slightly cooler conditions made for ideal racing conditions and may even explain some of the great improvements. Check out the results to see your time this week compared against the last two events.

Group 1 seems to be the 'I need to leave early group', Brendan, Neil and David all used this excuse when they are more than capable of competing with the big boys and girls in group 3. Dave's excuse was legit as he had to get to Marching practice for the big event in Feb. I think I will have to start charging a fee if more people want to enter this group. Chris busted himself to take out first place in group 1 and loved the moment when he got to tell fiancée Kate he beat her. Chris from now on will be joining group 2. Natalie completed her first aquathon tonight after many nights of watching and even though she thought the distance was a bit far she made it to the end and still had a smile on her face when she finished. It was great to see Jason (returning from yet another injury), Moira and Cathy back out racing this week. Kelly has been training hard and put the wind up Jason on the return run, Jason really didn't want to get chicked, and ran harder than he thought he could to just hold Kelly out!

Group 2 just keeps getting bigger and bigger. I predict that there will be some upgrades soon. Kylie was sporting a very ancient CTC swimming costume making a good billboard advertisement and inadvertently sparking some interest in uniforms. Congratulations also to Kylie on getting engaged, although her results for this week seem to point to more wedding planning than training! The rest of this group stayed on each others toes most of the way with some strong finishers, especially from Aimee with an awesome improvement on her December time. This race took it all out of Lyn who walked the last bit but made it to the line. John was so happy to finish that he showed off his impressive dance steps with a double heel click, or maybe he was just trying out some parlour moves! Whatever it was it worked as John took out first place for group 2.

Group 3: The boys were so in their element that I think I will have to let Jane race in group 2 next week if no females turn up. This group all enjoy the long start as they get to have a chat. The best one was "online shopping so beats store shopping I just got a new pair of shoes for \$180 with free postage from the UK". The rest of the guys were like wow! And we call the girls shopaholics?!!!. However, Cameron decided that the best way to get new swim goggles was to borrow them from your wife- I must say the pink suits you Cam.

When the boys finally left the shopping and fashion behind and got to racing, the testosterone finally kicked back into action with some tough competition, although Neil officially took out first place he did race with group one, so it was Greg who had the distinction of leading group 3 home. Special mention to Alastair for a massive three minute improvement on his October time, awesome result! On a side note, I swear new dad Chris S was asleep when I saw him running past, although maybe it was the sunnies!

Sarah & Jason