

Wednesday 2nd March 2011

Brent St Single (200m swim 3.5 Km run 300m swim)

Well tonight was certainly bring a friend night with an abundance of newbie's. Whilst some were dragged along by friends or family members others came merrily along to check out what Concord tri club was all about. Tonight's event was the last Brent St Single of the season. Only Craig Layton, Fiona Cowen, Hennrick Stotenson and Kelly Murphy can proudly say that they have done all of the Brent St Single races this season. Tonight's weather was perfect for shaving off some seconds on personal's bests.

Group 1 were all diligently waiting their turn to race in the pool after waiting for the last few members to get in the water they were away and racing. Disaster struck on the exit out of the pool as everyone wanted to use the stairs and Jeremy being a gentleman graciously let the ladies out before himself- sacrificing precious transit time. Newbie's Ash, Samantha and Jo definitely underestimated their capabilities and Ash blitzed the field group 2 for you next time champ. Matthew Pride thought it was a smarter tactic to let Jo finish in front of him that way he wouldn't have to move to group 2 next week- I'm onto your tactics Matthew and its group 2 for you soon buddy. Anne and Rosemary were stroke for stroke to the finish and it was the case of who could call their number out first would get the faster time. Adam Gill has improved ever so much from his last race and despite suffering shortness of breath mid way through the 300m swim he was able to finish the race.

Group 2 saw some early changes with Jason and Kelly wanting to race with their friends up in group 2. The boys stood their ground at the edge of the pool waiting eagerly for group 1 to finish so that they could get in and race. The girls complained it was too cold to race. Some impressive swimming saw Craig and Kylie out of the water first- Craig managed to keep his lead on the run as Kylie had to spend extra time drying in between her toes. Stretch was out at the turnaround point doing stats on positions during the run and would you know Kylie and Lyn were right next to each other. Trent Cook earnt the bragging rights to winner of group 2 and it's only his 2nd race. Fiona and Jim sprinted to the finish line with Fiona doing a long stretch of her arm to finish only 3 seconds in front of Jim. Kate dropped in to cheer on her fellow team-mates for the last time. Kate and Chris are heading over to Turkey to work for a year- we will miss you guys and hope you keep in touch regularly.

Group 3 the group that needs 6 reminders that its time to get in the water. Michele and Helen stipulated that Lane 1 was girls only and that if boys entered they would be disqualified- funnily enough the boys obeyed. Brendan O'Connell was late again due to receiving a detention from his boss for illegal use of the teleconference system in the board room during work hours (Brendan playing X-Box with your mates in London on the big screen is a No No). The boys stayed together quite well during the swim and were all trying to draft off Steve Nielson. Greg was on Michael's heels the whole time and Michael had to sprint the finish of the swim to get away from Greg. Paul Everson complained that the recorders were gasbagging and missed his finish- you have to call your number out Paul. Tim has taken tumble turns to a new level with a side flip- very impressive to watch. Helen was determined on staying close to Michele on the run- after a short time spent with some uncooperative shoes she was off and chasing Michele down on the run course.

Thankyou to Steve, Stretch, Christine, Kate and Letizia

Sarah and Jason

